

C.I.S.D. FOOD SERVICE DEPARTMENT

002 - NeSMITH ELEMENTARY

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 7 Chicken Rings Mini Corn Dogs Glazed Carrots Frozen Fruit Bar Mandarin Oranges WG Crackers Homemade Ranch Chocolate Milk F/F White Milk 1% Strawberry Milk F/F	Jan - 8 Cheese Pizza Whole Wheat Meatball Sub Golden Corn Flame Roast Sweet Potato Rosy Applesauce Chocolate Milk F/F White Milk 1% Strawberry Milk F/F	Jan - 9 Grill Cheez Sandwich Chicken Quesadillas Spanish Rice Homemade Pinto Beans Pears Homemade Salsa Chocolate Milk F/F White Milk 1% Strawberry Milk F/F	Jan - 10 Steak Fingers Pepperoni N Cheez French Bread Pop Chick Salad Creamy Mashed Potatoes Tossed Salad Pineapple Tidbits Graham Crackers Country Gravy Homemade Ranch Chocolate Milk F/F White Milk 1% Strawberry Milk F/F	Jan - 11 Cheeseburger Hamburger Yogurt Combo w/ Pretzel n Cheez Stick Tater Tots Leaf Lettuce & Tomato Oranges Chocolate Milk F/F White Milk 1% Strawberry Milk F/F
Jan - 14 Chicken Nuggets Corn Dog Green Beans Golden Corn 100% Apple Juice Chocolate Milk F/F White Milk 1% Strawberry Milk F/F	Jan - 15 Cheese Pizza Whole Wheat Chicken Spaghetti w/ Cheezy Breadstick Peas & Carrots Steamed Italian Veggies Fresh Apple Chocolate Milk F/F White Milk 1% Strawberry Milk F/F	Jan - 16 Cheesy Breadstick Soft Beef Tacos Refried Beans Steamed Broccoli n Cheez Pears Homemade Salsa Chocolate Milk F/F White Milk 1% Strawberry Milk F/F	Jan - 17 Pepperoni N Cheez French Bread Asian Orange Chicken Turkey and Cheese Sub Roasted Brussel Sprouts Tossed Salad Pineapple Tidbits WG Crackers Homemade Ranch Chocolate Milk F/F White Milk 1% Strawberry Milk F/F	Jan - 18 Staff Development
Jan - 21 HOLIDAY	Jan - 22 Cheese Pizza Whole Wheat Stuff Bake Potato Ham n Cheez with Toast Steamed Broccoli n Cheez Steamed Italian Veggies Hot Cinnamon Apples Chocolate Milk F/F White Milk 1% Strawberry Milk F/F	Jan - 23 Beef N Cheez Nachos Chicken Sandwich Golden Corn Fresh Cauliflower and Broccoli Pears Homemade Salsa Homemade Ranch Chocolate Milk F/F White Milk 1% Strawberry Milk F/F	Jan - 24 Steak Fingers Pepperoni N Cheez French Bread Ham and Cheese Sandwich Creamy Mashed Potatoes Tossed Salad Banana 16.17 Country Gravy Homemade Ranch Graham Crackers Chocolate Milk F/F White Milk 1% Strawberry Milk F/F	Jan - 25 Hamburger Cheeseburger Fish Nuggets n Hush Puppy Crinkle Cut French Fries Leaf Lettuce & Tomato Pineapple Tidbits Chocolate Milk F/F White Milk 1% Strawberry Milk F/F
Jan - 28 Chicken Rings Mini Corn Dogs Glazed Carrots Zucch, Celery, B Pepper Mandarin Oranges WG Crackers Homemade Ranch Chocolate Milk F/F White Milk 1% Strawberry Milk F/F	Jan - 29 Cheese Pizza Whole Wheat Meatball Sub Golden Corn Flame Roast Sweet Potato Rosy Applesauce Chocolate Milk F/F White Milk 1% Strawberry Milk F/F	Jan - 30 Grill Cheez Sandwich Chicken Quesadillas Spanish Rice Homemade Pinto Beans Pears Homemade Salsa Chocolate Milk F/F White Milk 1% Strawberry Milk F/F	Jan - 31 Steak Fingers Pepperoni N Cheez French Bread Pop Chick Salad Creamy Mashed Potatoes Tossed Salad Pineapple Tidbits Graham Crackers Country Gravy Homemade Ranch Chocolate Milk F/F White Milk 1% Strawberry Milk F/F	

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.