

C.I.S.D. FOOD SERVICE DEPARTMENT

002 - NeSMITH ELEMENTARY

Monday	Tuesday	Wednesday	Thursday	Friday
				Feb - 1 Cheeseburger Hamburger Yogurt Combo w/ Pretzel n Cheez Stick Tater Tots Leaf Lettuce & Tomato Oranges Chocolate Milk F/F White Milk 1% Strawberry Milk F/F
Feb - 4 Chicken Nuggets Corn Dog Green Beans Golden Corn 100% Apple Juice Chocolate Milk F/F White Milk 1% Strawberry Milk F/F	Feb - 5 Cheese Pizza Whole Wheat Chicken Spaghetti w/ Cheezy Breadstick Peas & Carrots Steamed Italian Veggies Fresh Apple Chocolate Milk F/F White Milk 1% Strawberry Milk F/F	Feb - 6 Cheesy Breadstick Soft Beef Tacos Refried Beans Steamed Broccoli n Cheez Pears Homemade Salsa Chocolate Milk F/F White Milk 1% Strawberry Milk F/F	Feb - 7 Cheeseburger Hamburger Fish Sandwich Hash Brown Patty Leaf Lettuce & Tomato Fresh Grapes Chocolate Milk F/F White Milk 1% Strawberry Milk F/F	Feb - 8 Personal Cheese Pizza Turkey and Cheese Sub Roasted Brussel Sprouts Tossed Salad Pineapple Tidbits WG Crackers Ranch Dressing from Mix *** Chocolate Milk F/F White Milk 1% Strawberry Milk F/F
Feb - 11 Popcorn Chicken Chicken Egg Roll Fried Rice Southern Blackeyed Peas Glazed Carrots Mandarin Oranges Ranch Dressing from Mix *** Chocolate Milk F/F White Milk 1% Strawberry Milk F/F	Feb - 12 Cheese Pizza Whole Wheat Stuff Bake Potato Ham n Cheez with Toast Steamed Broccoli n Cheez Steamed Italian Veggies Hot Cinnamon Apples Chocolate Milk F/F White Milk 1% Strawberry Milk F/F	Feb - 13 Beef N Cheez Nachos Chicken Sandwich Golden Corn Fresh Cauliflower and Broccoli Pears Homemade Salsa Ranch Dressing from Mix *** Chocolate Milk F/F White Milk 1% Strawberry Milk F/F	Feb - 14 Steak Fingers Pepperoni N Cheez French Bread Ham and Cheese Sandwich Creamy Mashed Potatoes Tossed Salad Banana 16.17 Country Gravy Ranch Dressing from Mix *** Graham Crackers Chocolate Milk F/F White Milk 1% Strawberry Milk F/F	Feb - 15 Hamburger Cheeseburger Fish Nuggets n Hush Puppy Crinkle Cut French Fries Leaf Lettuce & Tomato Pineapple Tidbits Chocolate Milk F/F White Milk 1% Strawberry Milk F/F
Feb - 18 Chicken Rings Mini Corn Dogs Glazed Carrots Zucch, Celery, B Pepper Mandarin Oranges WG Crackers Ranch Dressing from Mix *** Chocolate Milk F/F White Milk 1% Strawberry Milk F/F	Feb - 19 Cheese Pizza Whole Wheat Meatball Sub Golden Corn Flame Roast Sweet Potato Rosy Applesauce Chocolate Milk F/F White Milk 1% Strawberry Milk F/F	Feb - 20 Grill Cheez Sandwich Chicken Quesadillas Spanish Rice Homemade Pinto Beans Pears Homemade Salsa Chocolate Milk F/F White Milk 1% Strawberry Milk F/F	Feb - 21 Steak Fingers Pepperoni N Cheez French Bread Pop Chick Salad Creamy Mashed Potatoes Tossed Salad Pineapple Tidbits Graham Crackers Country Gravy Ranch Dressing from Mix *** Chocolate Milk F/F White Milk 1% Strawberry Milk F/F	Feb - 22 Cheeseburger Hamburger Yogurt Combo w/ Pretzel n Cheez Stick Tater Tots Leaf Lettuce & Tomato Oranges Chocolate Milk F/F White Milk 1% Strawberry Milk F/F

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Feb - 25 Chicken Nuggets Corn Dog Green Beans Golden Corn 100% Apple Juice Chocolate Milk F/F White Milk 1% Strawberry Milk F/F	Feb - 26 Cheese Pizza Whole Wheat Chicken Spaghetti w/ Cheezy Breadstick Peas & Carrots Steamed Italian Veggies Fresh Apple Chocolate Milk F/F White Milk 1% Strawberry Milk F/F	Feb - 27 Cheesy Breadstick Soft Beef Tacos Refried Beans Steamed Broccoli n Cheez Pears Homemade Salsa Chocolate Milk F/F White Milk 1% Strawberry Milk F/F	Feb - 28 Pepperoni N Cheez French Bread Asian Orange Chicken Turkey and Cheese Sub Roasted Brussel Sprouts Tossed Salad Pineapple Tidbits WG Crackers Ranch Dressing from Mix *** Chocolate Milk F/F White Milk 1% Strawberry Milk F/F	

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