

C.I.S.D. FOOD SERVICE DEPARTMENT

High School

Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 23 Pancakes Cinnamon Toast Crunch Cocoa Puffs Reese's Puffs Breakfast/Toast Peaches Sliced JUICE, VARIETY MILK - Variety	Aug - 24 Pop Tart Cinnamon Toast Crunch Reese's Puffs Cocoa Puffs Breakfast/Toast Cantaloupe JUICE, VARIETY MILK - Variety	Aug - 25 Cinnamon Rolls String Cheese Cinnamon Toast Crunch Reese's Puffs Cocoa Puffs Breakfast/Toast Rosy Applesauce JUICE, VARIETY MILK - Variety	Aug - 26 French Toast Cinnamon Toast Crunch Cocoa Puffs Reese's Puffs Breakfast/Toast Watermelon Cubes JUICE, VARIETY MILK - Variety	Aug - 27 Breakfast Pizza Cinnamon Toast Crunch Reese's Puffs Cocoa Puffs Breakfast/Toast Pineapple Tidbits JUICE, VARIETY MILK - Variety
Aug - 30 Breakfast Apple Frudel String Cheese Cinnamon Toast Crunch Reese's Puffs Cocoa Puffs Breakfast/Toast Watermelon Cubes JUICE, VARIETY MILK - Variety	Aug - 31 Sausage Wrapped Pancake Cinnamon Toast Crunch Reese's Puffs Cocoa Puffs Breakfast/Toast Fruit Cocktail JUICE, VARIETY MILK - Variety	Sep - 1 SCRAMBLED EGGS Hashbrown/Sausage/Biscuit Cinnamon Toast Crunch Reese's Puffs Cocoa Puffs Total Raisin Bran Breakfast/Toast Cantaloupe JUICE, VARIETY MILK - Variety	Sep - 2 Strawberry Muffins String Cheese Cinnamon Toast Crunch Cocoa Puffs Reese's Puffs Breakfast/Toast Banana JUICE, VARIETY MILK - Variety	Sep - 3 Breakfast Pizza Cinnamon Toast Crunch Reese's Puffs Cocoa Puffs Breakfast/Toast Watermelon Cubes JUICE, VARIETY MILK - Variety
Sep - 6 HOLIDAY	Sep - 7 Morning Sausage Roll Cheese Toast Reese's Puffs Cinnamon Toast Crunch Cocoa Puffs Breakfast/Toast Peaches Sliced JUICE, VARIETY MILK - Variety	Sep - 8 Pumpkin Muffins String Cheese Cinnamon Toast Crunch Reese's Puffs Cocoa Puffs Breakfast/Toast Cantaloupe JUICE, VARIETY MILK - Variety	Sep - 9 Sausage and Biscuit Cinnamon Toast Crunch Reese's Puffs Cocoa Puffs Breakfast/Toast Pears, Slice JUICE, VARIETY MILK - Variety	Sep - 10 Breakfast Pizza Cinnamon Toast Crunch Reese's Puffs Cocoa Puffs Breakfast/Toast Watermelon Cubes JUICE, VARIETY MILK - Variety
Sep - 13 Glazed Donut Cheese Toast Cinnamon Toast Crunch Reese's Puffs Cocoa Puffs Breakfast/Toast Cantaloupe JUICE, VARIETY MILK - Variety	Sep - 14 Cinnamon Rolls String Cheese Cinnamon Toast Crunch Reese's Puffs Cocoa Puffs Banana JUICE, VARIETY MILK - Variety	Sep - 15 Pop Tart String Cheese Cinnamon Toast Crunch Reese's Puffs Cocoa Puffs Breakfast/Toast Fruit Salad JUICE, VARIETY MILK - Variety	Sep - 16 Banana Nut Muffins String Cheese Cinnamon Toast Crunch Reese's Puffs Cocoa Puffs Breakfast/Toast Watermelon Cubes JUICE, VARIETY MILK - Variety	Sep - 17 Breakfast Cherry Frudel String Cheese Cinnamon Toast Crunch Reese's Puffs Cocoa Puffs Breakfast/Toast Pineapple Tidbits JUICE, VARIETY MILK - Variety
Sep - 20 Pancakes Cinnamon Toast Crunch Cocoa Puffs Reese's Puffs Breakfast/Toast Peaches Sliced JUICE, VARIETY MILK - Variety	Sep - 21 Pop Tart Cinnamon Toast Crunch Reese's Puffs Cocoa Puffs Breakfast/Toast Pears, Slice JUICE, VARIETY MILK - Variety	Sep - 22 Cinnamon Rolls String Cheese Cinnamon Toast Crunch Reese's Puffs Cocoa Puffs Breakfast/Toast Rosy Applesauce JUICE, VARIETY MILK - Variety	Sep - 23 French Toast Cinnamon Toast Crunch Cocoa Puffs Reese's Puffs Breakfast/Toast Oranges/M.S. JUICE, VARIETY MILK - Variety	Sep - 24 Breakfast Pizza Cinnamon Toast Crunch Reese's Puffs Cocoa Puffs Breakfast/Toast Pineapple Tidbits JUICE, VARIETY MILK - Variety

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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High School

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 27	Sep - 28	Sep - 29	Sep - 30	
Breakfast Apple Frudel String Cheese Cinnamon Toast Crunch Reese's Puffs Cocoa Puffs Breakfast/Toast Fruit Cocktail Cantaloupe JUICE, VARIETY MILK - Variety	Sausage Wrapped Pancake Cinnamon Toast Crunch Reese's Puffs Cocoa Puffs Breakfast/Toast Fruit Cocktail JUICE, VARIETY MILK - Variety	SCRAMBLED EGGS Hashbrown/Sausage/Biscuit Cinnamon Toast Crunch Reese's Puffs Cocoa Puffs Total Raisin Bran Breakfast/Toast Applesauce Sweet JUICE, VARIETY MILK - Variety	Strawberry Muffins String Cheese Cinnamon Toast Crunch Cocoa Puffs Reese's Puffs Breakfast/Toast Banana JUICE, VARIETY MILK - Variety	

Menu subject to change. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race,color,national origin,sex,age, or disability. To file a complaint of discrimination, write USDA, Director,Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.

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