

# C.I.S.D. FOOD SERVICE DEPARTMENT

## McClendon & NeSmith Elementary

Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 23  Chicken Sandwich Ravioli Casserole Texas Toast Chicken Noodle Soup Sweet Potato Fries Hot Cinnamon Apples Lettuce & Tomato pickle slices Tossed Salad Celery Sticks Peaches Diced Ranger Cookie JUICE, VARIETY MILK - Variety	Aug - 24  PIZZA, PEPPERONI LAID BACK LASAGNA Bread Sticks Broccoli-Rice Casserole Corn Frozen Dry Pinto Beans Corn Bread Tossed Salad Rosy Applesauce Cantaloupe MILK - Variety JUICE, VARIETY	Aug - 25  Crispito Chicken Fajitas Refried Beans Buttered Carrots Baked Sweet Potatoes and App Pears, Fresh Pineapple Tidbits Tossed Salad Brownie, Fudge MILK - Variety JUICE, VARIETY	Aug - 26  Country Fried Steak Meatloaf Hot Rolls Creamy Mashed Potatoes Country Gravy Corn on the Cob Peas, Green Mandarin Oranges/E.M. Watermelon Cubes Plain Jello MILK - Variety JUICE, VARIETY	Aug - 27  Hamburger on a Bun Cheeseburger On A Bun Fish Sandwich BBQ Baked Lays/Cool Ranch BAKED BEANS Boil Egg ColeSlaw Lettuce & Tomato pickle slices Oranges Halves/Elm. MILK - Variety JUICE, VARIETY
Aug - 30  BBQ Brisket Grilled Cheese Sandwich Corn on the Cob Broccoli/Cheese Soup Crackers Buttered Carrots Pears, Slice Apple ,Fresh Pickle Spears Watermelon Cubes Cake Chocolate MILK - Variety JUICE, VARIETY	Aug - 31  PIZZA, PEPPERONI Chicken Alfredo Mozzarella Cheese Toast Corn Frozen Peas, Green Cheesy Cauliflower Tossed Salad Celery Sticks Applesauce Sweet Banana JUICE, VARIETY MILK - Variety	Sep - 1  Chicken Quesadillas Burrito, Red Chili, Beef/Elm. Refried Beans SPANISH RICE Seasoned Spinach Cantaloupe Grapes, Fresh Tossed Salad Chocolate Pudding JUICE, VARIETY MILK - Variety	Sep - 2  Chicken Nuggets Salisbury Steak Hot Rolls Creamy Mashed Potatoes Country Gravy Squash Casserole Green Beans Carrot Sticks Plain Jello YOGURT MILK - Variety JUICE, VARIETY	Sep - 3  Hamburger on a Bun Cheeseburger On A Bun Chili Dog/Plain Chili, Frozen BBQ Baked Lays/Cool Ranch Hot Cinnamon Apples BAKED BEANS Lettuce & Tomato pickle slices Watermelon Cubes Orange Sherbet JUICE, VARIETY MILK - Variety
Sep - 6  HOLIDAY	Sep - 7  PIZZA, PEPPERONI SPAGHETTI AND MEAT SAUC Broccoli-Rice Casserole BAKED BEANS Buttered Carrots Tossed Salad Apple ,Fresh Peaches Diced Banana JUICE, VARIETY MILK - Variety	Sep - 8  Nachos /Elem Tamales Refried Beans Seasoned Spinach SPANISH RICE Applesauce Sweet Tossed Salad Carrot Sticks Grapes, Fresh Cantaloupe Cake, Wacky JUICE, VARIETY MILK - Variety	Sep - 9  Steak Fingers Little Smokies Texas Toast Creamy Mashed Potatoes Country Gravy MACARONI AND CHEESE Dry Pinto Beans Corn Bread Fruit Cocktail Tossed Salad Oranges Halves/Elm. Plain Jello YOGURT JUICE, VARIETY MILK - Variety	Sep - 10  Hamburger on a Bun Cheeseburger On A Bun FRITO PIE Beans Ranch Style California Mixed Vegetables BBQ Baked Lays/Cool Ranch Lettuce & Tomato pickle slices Watermelon Cubes JUICE, VARIETY MILK - Variety
Sep - 13  CORN DOG Shrimp Poppers MACARONI AND CHEESE Beef Vegetable Soup/CISD Beans Ranch Style Pears, Slice ColeSlaw Tossed Salad Cantaloupe Cookie/Chocl/Chiparoo JUICE, VARIETY MILK - Variety	Sep - 14  PIZZA, PEPPERONI Pepperoni Pasta Bake Mozzarella Cheese Toast Corn Frozen Cheesy Cauliflower Tossed Salad Celery Sticks Banana JUICE, VARIETY MILK - Variety	Sep - 15  Beef Tacos Oven Fried Chicken Tortilla Soup Refried Beans SPANISH RICE Peas & Carrots Pineapple Tidbits Chocolate Pudding JUICE, VARIETY MILK - Variety	Sep - 16  Country Fried Steak Beef Macaroni Hot Rolls Creamy Mashed Potatoes Country Gravy California Mixed Vegetables Dry Pinto Beans YOGURT Plain Jello Carrot Sticks Watermelon Cubes JUICE, VARIETY MILK - Variety	Sep - 17  Hamburger on a Bun Cheeseburger On A Bun Baked Potato, Ham/Cheese/Mar BAKED BEANS BBQ Baked Lays/Cool Ranch Broccoli Lettuce & Tomato pickle slices Boil Egg Fruit Salad Pears, Slice JUICE, VARIETY MILK - Variety

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

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Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 20  Chicken Sandwich EGG ROLLS Fried Rice Cheesy Potato Soup California Mixed Vegetables Peas,Green Lettuce & Tomato pickle slices Fruit Cocktail YOGURT Yellow Cake JUICE, VARIETY MILK - Variety	Sep - 21  PIZZA, PEPPERONI Chicken Spaghetti Mozzarella Cheese Toast Corn Frozen Peas,Green Buttered Carrots Oranges Halves/Elm. Tossed Salad Peaches Diced Banana JUICE, VARIETY MILK - Variety	Sep - 22  CHICKEN ENCHILADAS Burrito,Red Chili,Beef/Elm. Tortilla Soup Refried Beans SPANISH RICE Squash Tossed Salad Grapes,Fresh Pears, Fresh Cookies Cowboy JUICE, VARIETY MILK - Variety	Sep - 23  Steak Fingers Salisbury Steak Hot Rolls Creamy Mashed Potatoes Country Gravy Cheesy Cauliflower Green Beans Hot Cinnamon Apples Tossed Salad Waldorf Fruit Salad Plain Jello Mandarin Oranges/E.M. JUICE, VARIETY MILK - Variety	Sep - 24  Hamburger on a Bun Cheeseburger On A Bun Fish Strips BBQ Baked Lays/Cool Ranch Corn on the Cob Dry Pinto Beans Corn Bread Lettuce & Tomato pickle slices Pineapple Tidbits ColeSlaw JUICE, VARIETY MILK - Variety
Sep - 27  Chicken Sandwich Ravioli Casserole Texas Toast Chicken Noodle Soup Sweet Potato Fries Hot Cinnamon Apples Lettuce & Tomato pickle slices Tossed Salad Celery Sticks Cantaloupe Ranger Cookie JUICE, VARIETY MILK - Variety	Sep - 28  PIZZA, PEPPERONI LAID BACK LASAGNA Bread Sticks Broccoli-Rice Casserole Corn Frozen Dry Pinto Beans Corn Bread Tossed Salad Rosy Applesauce Apple ,Fresh MILK - Variety JUICE, VARIETY	Sep - 29  Crispito Chicken Fajitas Refried Beans Buttered Carrots Baked Sweet Potatoes and App Pears, Fresh Pineapple Tidbits Tossed Salad Brownie, Fudge MILK - Variety JUICE, VARIETY	Sep - 30  Country Fried Steak Meatloaf Hot Rolls Creamy Mashed Potatoes Country Gravy Corn on the Cob Peas,Green Mandarin Oranges/E.M. Apple ,Fresh Plain Jello MILK - Variety JUICE, VARIETY	

Menu subject to change. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race,color,national origin,sex,age, or disability. To file a complaint of discrimination, write USDA, Director,Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.

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